



WINTER SPRINGS HIGH SCHOOL OFFICIAL ATHLETIC DEPARTMENT SCHEDULE 2023 Boys & Girls Cross Country

<i>Date</i>	<i>Event</i>	<i>Location</i>	<i>Time</i>
Sat 9/2	Winter Springs Invitational	Central Winds Park	7:00am
Sat 9/9	Astronaut Invitational	Chain of Lakes Park	7:00am
Thu 9/14	Lake Bueno Vista	Lake Bueno Vista HS	4:00pm
Sat 9/23	Hagerty Invitational	Hagerty HS	7:00am
Sat 9/30	FSU Pre States	Tallahassee	7:00am
Fri 10/6	HOKA Flrunners.com	Lakeland Holloway Park	7:00am
Sat 10/14	East River Invitational	Eat River HS	7:00am
Sat 10/28	Seminole Athletic Conference	Lake Mary HS	7:00am
Fri 11/3	FHSAA District Meet	Central Winds Park	8:00am
Week of Sat 11/11 TBA	FHSAA Region Meet	TBA	TBA
Fri 11/17	FHSAA State Finals	Tallahassee	TBA

Head Coach: Octavius "Ocky" Clark octavius_clark@scps.k12.fl.us

Team Parent: Ms. Horel Trishhorel@gmail.com (407) 579-8411

Principal: Mr. Peter Gaffney

Athletic Director: Scott Gomrad

Head Trainer: Dr Heather White

